



TEAM ALBERTA

PRESS RELEASE

February 8, 2010

TEAM ALBERTA Coach Selections

The Alberta Lacrosse Association is pleased to announce the head coach selections for Pee Wee, Bantam, Bantam Female, Midget, Midget Field, and Junior (U19) Field TEAM ALBERTA 2010.

The selection committee was very impressed with the qualifications the applicants brought forward. It is terrific seeing such qualified commitment to lacrosse in Alberta.

Congratulations go out to:

Bud Fagrie, Head Coach for Pee Wee Team Alberta Box is from Edmonton. Bud is active in the lacrosse community with the South Edmonton Warriors and the Greater Edmonton Lacrosse Council. In the 1980's Bud played lacrosse in Coquitlam, BC. Bud has been involved with the TEAM ALBERTA program for many years as the head coach in 2009, assistant coach and as a parent.

Ryan Avery, Head Coach for Bantam Team Alberta Box is from Ontario. Ryan has coached at the Junior lacrosse in Ontario and won a Presidents Cup, as a player. In addition, Ryan is a professional goalie and has won two NLL championships.

Forrest Thompson, Head Coach for Bantam Girls Team Alberta Box is from Sherwood Park. A truly dedicated lacrosse person, Forrest has been involved with the TEAM ALBERTA program for many years and at all levels. Forrest is returning as head coach for the second year of the Bantam Girls National Girls program.

Rick Windl, Head Coach for Midget Team Alberta Box is from Calgary. Rick was an assistant coach with the 2009 Midget team. Rick grew up in Ontario, where he played competitively as a goalie. Rick currently an instructor at the National Sports Academy.



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David Sucha, Head Coach for the Midget (U16) Field Team Alberta is from Calgary. David has been dedicated to the TEAM ALBERTA program for many years. David has been both a head coach and assistant in the TEAM ALBERTA program in the Box and Field disciplines. David is the head coach of the Calgary Shamrocks in the Rocky Mountain Lacrosse League and previously coached with the Calgary Axemen of the Calgary and District Lacrosse Association.

Russ Sheppard, Head Coach for the Junior (U19) Field Team Alberta is from Edmonton. Russ has volunteered for lacrosse in many areas and roles throughout Canada. Russ was an assistant coach at Brodie Merrill's Hill Academy in 2009 and has worked with numerous young athletes in Alberta who aspire to reach the highest levels.

The 2010 Team Alberta Box regional tryouts for all age groups will be held in Lethbridge April 24, Calgary May 1, and Edmonton May 2. A final camp will be held in Edmonton May 8th and 9th. Pee Wee players (born in 1999 or 1998), Bantam male and female players (born in 1997 or 1996) and Midget players (born in 1995 or 1994) are able to tryout to represent Alberta.

The 2010 Team Alberta Field tryout dates will be announced shortly.

Players are reminded that the deadline for BOX try-out registrations is April 16, 2010. See the ALA website, <http://www.cla-alberta.pointstreaksites.com/view/cla-alberta> for more details. Field registration deadlines will be communicated shortly.

This year the Pee Wee and Bantam, Bantam Female Nationals will be held in Whitby, ON August 1 - 7, 2010. The Midget Box Nationals will be held in British Columbia August 14-20, 2010.

The Field Nationals will be held in Saskatoon, SK, September 3-5, 2010.

Please contact the Alberta Lacrosse Association for further information.

Thank you

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